IN THE CLAIMS

Claims 1-20 (Previously Cancelled).

- 21. (Currently Amended) An aquatic exercise device comprising:
- a bell having a plurality of apertures adapted to allow water flow when the device is moved through water;
 - a plurality of fins extending from an outer surface of the bell; and
- a handle connected within an interior of the bell <u>and accessible by a human hand</u> through an opening in the bell.
- 22. (Original) An aquatic exercise device in accordance with claim 21, wherein at least a portion of the plurality of fins are arranged symmetrically along the outer surface of the bell.
- 23. (Original) An aquatic exercise device in accordance with claim 21, wherein the plurality of fins comprise:
- at least one curved transverse fin at least partially encircling a an inner cavity of the bell; and
- a plurality of longitudinal fins extending from an apex of the bell to the at least one curved transverse fin.
- 24. (Original) An aquatic exercise device in accordance with claim 23, wherein the plurality of longitudinal fins are symmetrically arranged.
- 25. (Original) An aquatic exercise device in accordance with claim 23, wherein the plurality of apertures have an elongated shape.
- 26. (Original) An aquatic exercise device in accordance with claim 25, wherein the plurality of apertures are arranged in rows along axes extending from the apex to the transverse fin.
- 27. (Original) An aquatic exercise device in accordance with claim 23, wherein the plurality of longitudinal fins extend perpendicular to the surface of the bell.

- 28. (Original) An aquatic exercise device in accordance with claim 23, wherein the plurality of fins and the apertures are arranged to provide a resistance independent of a direction of motion within a transverse plane tangential to the apex of the bell.
- 29. (Original) An aquatic exercise device in accordance with claim 23, further comprising:

a flange member attached at least to the apex and forming a plurality of flanges along the longitudinal fins.

- 30. (Original) An aquatic exercise device in accordance with claim 29, wherein the plurality of flanges are perpendicular to the longitudinal fins.
 - 31. (Currently Amended) An aquatic exercise device comprising: a bell comprising:

at least one curved transverse fin at least partially encircling an inner cavity of the bell;

a plurality of curved longitudinal fins extending from an apex of the bell to the at least one curved transverse fin; and

a handle connected within the bell and accessible by a human hand through an opening of the bell.

- 32. (Original) An aquatic exercise device in accordance with claim 31, wherein the at least one curved transverse fin and the plurality of curved longitudinal fins are arranged to provide a resistance independent of motion through water with in a transverse plane tangential to the apex of the bell.
- 33. (Original) An aquatic exercise device in accordance with claim 32, wherein the plurality of longitudinal fins are symmetrically arranged.
- 34. (Original) An aquatic exercise device in accordance with claim 31, wherein bell further comprises a section of spherical surface between each of the longitudinal fins, the

section of spherical surface having a plurality of apertures for allowing water to vent when the aquatic exercise device is moved through water.

- 35. (Original) An aquatic exercise device in accordance with claim 34, wherein the plurality of apertures are arranged in rows along axes extending from the apex to the transverse fin.
- 36. (Original) An aquatic exercise device in accordance with claim 34, wherein the plurality of fins and the plurality of apertures are arranged to provide a resistance independent of a direction of motion within a transverse plane tangential to the apex of the bell.
- 37. (Original) An aquatic exercise device in accordance with claim 36, wherein the plurality of apertures have a size to provide a resistance independent of the direction of motion within the transverse plane tangential to the apex of the bell.
- 38. (Original) An aquatic exercise device in accordance with claim 31, further comprising:
- a flange member attached at least to the apex and forming a plurality of flanges along the longitudinal fins.
- 39. (Original) A method of aquatic exercise comprising:

 holding a handle of an aquatic exercise device comprising a bell; and

 moving the aquatic exercise device through water to achieve a resistance
 independent to a direction of motion within a transverse plane tangential to an apex of the bell.
- 40. (Currently Amended) A method in accordance with claim 34 39, wherein the aquatic exercise device comprises:
- a bell comprising at least one curved transverse fin at least partially encircling an inner cavity of the bell, a plurality of curved longitudinal fins extending from an apex of the bell to the at least one curved transverse fin, and a handle connected within the bell.

Conclusion

Applicant has resubmitted the "Amendment to the claims" section with the correction indicating claims 1-20 had been previously cancelled. Applicant respectfully submits that the amendment as now presented complies with 37 CFR 1.121 and that claims 21-40 are allowable over the art cited.

Respectfully submitted,

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